

# Movember

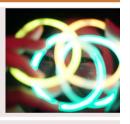
# ThinkHealth News 2023

Software Thinking and Standing with You



## **Agency Events and News**

Come GLOW with us as we ignite mental health awareness and bring the discussion Out of the Darkness! On Sunday, 11/12/2023! Come dressed in clothing and/or accessories that glow in the dark, are reflective, or just generally colorful! The brighter the better!



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Sound Therapy New Moon Meditation

Relax & Set Intentions for the next moon cycle! Workshop and sound session with Certified Vibrational Sound Practitioner, Stacey Freeman

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Together with the Ohio Department of Mental Health and Addiction Services, the Ohio State College of Social Work is hosting the 2023 Ohio Prevention Conference (OPC). The goal of the OPC is to provide opportunities for prevention practitioners to increase their knowledge of cutting-edge prevention science, and facilitate increased sharing and networking of prevention efforts across the state founded in cultural competency and equity.

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A time for healing, rest, and restoration. This prayer retreat held in a beautiful location, brings several of the holistic elements of the Free to Be method into one weekend retreat for a small number of attendees. The weekend will contain short teaching sessions, private reflection/prayer. Each woman will have an opportunity to have a 1 on 1 private integrative prayer session with a Free To Be Prayer Counselor.

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### **Customers Hot Topic**

Oklahoma Receives CMS
Approval and Advances
Medicaid Transformation with
SoonerSelect

The Centers for Medicare & Medicaid Services (CMS) has granted approval for Oklahoma's 1915(b) waiver for delivery system reform and the proposal to increase supplemental payments to hospitals. These approvals mark a significant milestone in the transition from a fee-for-service system to the new comprehensive health delivery system, SoonerSelect.

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For more information and updates about delivery reform in Oklahoma, visit <a href="https://oklahoma.gov/ohca/about/delivery-reform.html">https://oklahoma.gov/ohca/about/delivery-reform.html</a>.

#### **NEWSLETTER HIGHLIGHTS**

## **OKLAHOMA Newsletter Highlights**

Oklahoma rap battles are helping to advocate for mental health awareness

The organization called Soulbody Cyphers is working to destigmatize conversations around mental health and cultivate a community of MCs. Marshall Moses leads the organization Soulbody Cyphers. He has an extensive background in basketball and music



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The Ohio Department of Mental Health and Addiction Services (OhioMHAS) announced the release of the Ohio Behavioral Health Workforce Roadmap – a 22-point, multi-year plan to strengthen and grow the state's wellness workforce. Implementation of this plan will help ensure timely access to prevention, treatment, and recovery support for the growing number of Ohioans seeking help for a mental health or substance use disorder.

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The Ohio Department of Medicaid has filed rules with the Joint Committee on Agency Rule Review (JCARR) to officially implement the increased reimbursement rates authorized by HB 33, the state budget bill, with a planned effective date of January 1, 2024. For community behavioral health, medical services (i.e. E/M codes, EKG) will increase 10%, all other community BH services will increase by 12.75%.



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Mark Your Calendar

November 1

**Day of the Dead** 

November 5

**Day Light Saving Ending** 

**November 11** 

**Veterans Day** 

**November 13** 

**World Kindness Day** 

November 23

**Thanksgiving** 

November 23

**National Adoption Day** 

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